



# ALL-NATURAL HOMEMADE FACE PAINT

## Artsy Craftsy Idea

No face paint on hand? No problem!  
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### All-Natural Homemade Face Paint

#### MATERIALS

- Small Glass Jars
- 1 tsp Cornstarch
- 1/4 tsp Water
- 1/2 tsp All-Natural, Unscented Body Lotion
- All-Natural Food Coloring\* (See following recipe.)
- Paintbrushes or Sponges

#### DIRECTIONS

Mix cornstarch, water, and all-natural, unscented lotion together in a small glass jar to create a thick paste as a base for your face paint.

- Stir in food coloring one drop at a time until you achieve your

desired color.

- Repeat this process for each color you would like to make.
- Grab a brush or sponge and have a blast face painting!

### All-Natural Homemade Food Coloring

#### COLOR PALETTE

- Red = Puréed Cherries
- Orange = Puréed Squash or Pumpkin
- Yellow = Turmeric
- Green = Puréed Avocado + Lemon
- Purple = Puréed Blueberries
- Pink = Puréed Blackberries
- Black = Prepared Coffee

#### NOTES

Some food colorings may stain

clothing or skin.

- When using our all-natural food coloring palette, add more cornstarch to your base if needed depending on the water content of each food source.

- Always perform a patch test on the back of your child's hand before applying the paint to their face. Take care not to use any ingredients to which you or your family are allergic.



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